

We all have the right to be safe, strong and free.

# COPA

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## THE CONTINUUM OF BULLYING: EXAMPLES

- Tripped on bus
- Called names about the way I look
- Books knocked out of my arm
- No one will sit near me
- Bra snapped
- Pushed down and my breasts were touched
- Called stupid and lazy by an adult
- Hung upside down over stairwell
- Laughed at whenever I talk in class
- Locked in closet by my sister
- Someone jammed my locker
- Made to eat dirt
- Made fun of for colour of my skin
- Called a name based on sexual preference
- Called nerd/geek
- Rumours were spread about me
- Cornered in the schoolyard and beaten up
- Followed home and threatened
- Pants pulled down
- Given the 'I' sign (called a 'loser')
- Not invited to parties
- Made fun of because I like to wear my hair short
- Made fun of for how I speak English
- Negative photos of me posted online
- Made fun of because I wear a hijab
- Made fun of because a special education assistant sits with me during class